

## CURRICULUM & COURSE OVERVIEW

Subject: GCSE Physical Education	
<b>Key Stage:</b>	KS4
<b>Exam Board:</b>	AQA
<b>Specification:</b>	<a href="https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/specification-at-a-glance">https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/specification-at-a-glance</a>
<b>Map of Learning Overview:</b>	<p>Current Year 10</p> <p>Aut 1: Applied Anatomy and Physiology</p> <p>Aut 2: Short- and Long-term effects of exercise</p> <p>Spring 1: Movement analysis</p> <p>Spring 2: Lever systems</p> <p>Summer 1: Physical Training</p> <p>Summer 2: Components of fitness</p> <p>Current Year 11</p> <p>Aut 1: Sports Psychology</p> <p>Aut 2: Socio-cultural influences</p> <p>Spring 1: Health, Fitness, and well-being</p> <p>Spring 2: Diet and Nutrition</p> <p>Summer 1: Revision and Exam preparation</p> <p>Summer 2:</p>
<b>Assessment:</b>	<ul style="list-style-type: none"> <li>• Two exams (1 hr 15 mins.) (30% each)</li> <li>• Three sports assessments (10% each)</li> <li>• One piece of coursework (10%)</li> </ul>
<b>Homework:</b>	Satchel:One
<b>Holland Park Resources:</b>	<p>Knowledge Organisers</p> <p>HPS (Holland Park School) Revision Guide</p> <p>HPS Coursework Guide</p> <p>Class slides on Teams</p>
<b>Additional platforms:</b>	<p>BBC Bitesize</p> <p>Youtube teacher videos</p>
<b>Revision resources:</b>	HPS Revision Booklet at February half-term in Yr 11
<b>Optional resources:</b>	<p>AQA GCSE PE textbook 2<sup>nd</sup> Edition</p> <p>AQA GCSE PE Revision Guide</p>
<b>Teacher contact(s):</b>	<p>HoD – Mr Huxley – <a href="mailto:Andrew.Huxley@hollandparkschool.co.uk">Andrew.Huxley@hollandparkschool.co.uk</a></p> <p>PE teacher – Mr James – <a href="mailto:Daniel.James@hollandparkschool.co.uk">Daniel.James@hollandparkschool.co.uk</a></p>